



GWSSA Past Events – 2023-2024

GWSSA Spring Meeting 2024

Date: February 2nd, 2024

Venue: The Studio, Glasgow.

This was a well attended meeting with over 70 delegates attending, with a range of speakers and topics both locally and nationally.

Our morning session was opened by our president, Dr Ken McKinlay, before we heard from two excellent national speakers. First Dr. Ned Gilbert-Kawai took us from research at altitude on Mount. Everest, to the critical care bedside, and how this research may help us to treat the critically ill patient with specific mention of the phenotypes of critical illness, the microcirculation, and use of therapeutic modulation. Following that we heard from pEEG-enthusiast Dr. Mark Barley about how pEEG can help us after NAP-7 as a potential early warning system (suppression of frequency and amplitude of the pEEG can be caused by hypoxia, hypotension, bleeding etc).

Our next session focused largely on training with two local speakers Dr. Derek McLaughlan, and Dr. Drew Smith giving insight into the portfolio pathway and the different options that are available to those not on the training pathway, and how national anaesthesia recruitment is changing. The final talk of this session was from Dr. Rahat Maitland, who spoke about new technology in Type 1 diabetes.

In our final session we heard firstly from Dr. Fin O'Sullivan who gave an update on guidance related to trauma - specifically recent European Guidelines [low threshold for vasopressin, poor evidence for platelet transfusions], **PATCH** trial - pre-hospital tranexamic acid for severe trauma, and **CRYOSTAT-2**, use of early fibrinogen supplementation. Following this we heard from Dr. Andy Clark with the pick of the papers - specifically **Delerium** - sevoflurane vs. propofol, and the use of pEEG-guided GA to decrease post-operative delirium, the **MAGIC** trial [melatonin vs. midazolam pre-medication] and the **UK-REBOA** trial [REBOA vs standard care].

Our final speaker of the day was our outgoing president, Dr Ken McKinlay, who spoke about his career in cardiothoracics, and the evolution of the heart and lung service during his career.



0845 – 0915	Registration	
Session 1	Chair: Dr Ken McKinlay (GJNH, GWSSA President)	
0915 – 0920	Welcome	<i>Dr Ken McKinlay</i>
0920 – 1005	“From mountainside to bedside – where are we now?”	<i>Dr Ned Gilbert-Kawai</i>
1005 – 1040	How can pEEG help us post-NAP7?	<i>Dr Mark Barley</i>
1040 – 1050	<i>Q&A session</i>	
1050 – 1115 Tea & Coffee		
Session 2	Chair: Dr Clare Currie (UHM, GWSSA Committee Member)	
1115 – 1145	Portfolio Pathway – An alternative route to the Specialist Register.	<i>Dr Derek McLaughlan</i>
1145 – 1215	“Anaesthetic Recruitment – Who’s Looking After Me In My Dotage?”	<i>Dr Drew Smith</i>
1215 – 1245	Perioperative management of new technology in Type 1 Diabetes.	<i>Dr Rahat Maitland</i>
1245 – 1300	<i>Q&A session</i>	
1300 – 1400 Lunch		
Session 3	Chair: Dr Gavin Scott (UHA, GWSSA Committee Member)	
1400 – 1430	Trauma Update	<i>Dr Fin O’Sullivan</i>
1430 – 1500	Top of the Journal Pops 2023	<i>Dr Andrew Clark</i>
1500 – 1530	Presidential Address	<i>Dr Ken McKinlay</i>
1530 – 1545	<i>Q&A session</i>	
1545 – 1600	<i>Vote of Thanks</i>	<i>Dr Ken McKinlay Dr Jane Duffty</i>
Post-Meeting Social: Champagne Bar, Glasgow Central Station (All Welcome)		

GWSSA Annual Trainee Meeting 2023

Date: December 2024

Venue: Healthcare and Simulation Collaborative, Blythswood Square, Glasgow.

Our second in person Trainee event post COVID was fully booked and well received.

Our morning session had a focus on external speakers and on organ transplant services which don't take place in the west of Scotland; We heard from Dr Scott McNeill (RIE Anaesthetics & Critical Care) about Liver failure and transplant, and from Ms Jennifer Whitely (GJNH, Consultant Thoracic Surgeon) on the advancements in Lung Transplantation that increase the donor pool and the possibility of Glasgow becoming a transplant centre in the future. Dr Catherine Stretton (SJH, Anaesthetics & Critical Care) delivered an engaging talk on civility and communication and the impact incivility can have on clinical performance and patient care.

Our afternoon speakers exhibited the West of Scotland's homegrown Anaesthetic excellence. Dr Stephen Hickey (QEUH) spoke on acute pain management and alternative analgesic agents. Dr Gemma Scotland (GRI) demystified CPET interpretation in pre-assessment. Dr Alyson Walker (RHC) described interacting and caring for anxious patients in paediatric anaesthesia. Dr Adam Capek closed the meeting, talking about his previous experiences working in developing nations and discussing the importance and complexities of global collaboration in anaesthesia.

Glasgow and West of Scotland Society of Anaesthetists

Annual Trainee and Research Meeting



- Friday 1st December 2023
- The Studio, 67 Hope Street, Glasgow, G2 6AE
- ONLY £20 for Trainees/Fellow/SAS Doctors. £100 consultants

<https://bookcpd.com/course/gwssa-annual-trainee-meeting-december-2023>



- Hot lunch included
- Christmas social night to follow – all welcome!

Programme

AM

Talks from speakers in the West of Scotland and beyond on pain, CPEX, paeds and civility – full programme to be released very shortly!

PM

Glasgow Anaesthetic Research Club – *your chance to present research, QI and case reports for cash prizes!*

Abstract submission details on bookcpd website, please send to gwssagarc@gmail.com

